

Lehi Community Council Newsletter

Asset #16

High Expectations

Parents and teachers should encourage children to do well. To help them reach their highest potential, parents and teachers should:

1) Expect the best from them, each according to his or her highest potential. Educate yourself on child development so you know what's realistic. When expectations are high but still within reach, children will stretch to achieve them.

2) Notice when your children do well. Let them know that you admire their talents, abilities, manners, friendship skills, intelligence, kindness, or whatever you happen to observe.

3) Encourage both boys and girls to be independent.

4) Hold kids accountable for their actions at the same time you affirm their abilities

5) Be on the lookout for new and creative ways to challenge and stimulate your children--without pushing too hard.

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Miracle for Marge: Lehi resident returns to "new" home Oct. 19

A dire need was brought to the attention of the Lehi Community Council by Detective Mark Birch of the Lehi City Police Department and Pastor Chuck Lovelady of the Timpanogos Baptist Church. A woman in Pastor Lovelady's congregation is the victim of unusual circumstances. It was determined that the Lehi Community Council would support these Community Council members and take on this special project. A committee was created, consisting of Detective Birch, Pastor Lovelady and Linda Turner with special support from the Lehi Chamber of Commerce and the Church of Jesus Christ of Latter-day Saints (these two organizations wanted to extend their help in anyway possible).

Over 100 people have come forward to help, including: Gerber Construction, McCoy's Flooring (Warren Henrie), Best Buy Blinds, Hutch's Appliances, Peterson Painting Inc., Schoonover Plumbing, Dubois Construction, Ken and Keith Greenwood, Lloyd Andrews, Terry Webb, The Allignment Guys, Verns Automotive, Standard Plumbing Supply, Gunther's Heating, Timpanogos Baptist Church, Lehi 8th Ward youth, Lehi 15th Ward Young Men, Lehi City, Rich Black, Leonard O'Reilly, Jones Paint and Glass, IHC, Tom and Sharon Walters, Rocky Mountain Coating, and many others. We want to express our sincere appreciation to all who donated, volunteered and prayed for Marge's recovery. A special thanks goes to the Lehi Free Press, Daily Herald, KSL Radio, and Channel 5 TV station for their coverage and getting the word out.

More help is still needed. As we conclude this project, any groups or individuals wishing to volunteer, please contact Linda Turner 768-1102.

- 6) *Ask your children what they expect of themselves. Listen to what they say.*
- 7) *Find and share inspiring stories about people who overcame obstacles in their lives and accomplished amazing things.*
- 8) *Encourage your children to tackle subjects and hobbies that are difficult for them. Work together.*
- 9) *Allow your children to make mistakes and learn from them.*
- 10) *Model the benefits of high expectations by challenging yourself. Take a class, learn a skill, start a hobby, or stretch yourself in other ways.*

Enhanced Security at IHC Nurseries

If you're visiting a newborn or a child today, you will notice some new steps to keep infants and children in IHC hospitals safer than ever:

- You can visit units with infants and children (and view infants in the nursery) only at the invitation of the parents.
- You will have special procedures to follow with a visiting infant.

Upcoming Events:

Schedule your mammogram during Breast Cancer Awareness Month

Research shows that early detection is the best prevention for breast cancer. In honor of National Breast Cancer Awareness Month, women who receive mammograms during October at Utah Valley Regional Medical Center, Orem Community Hospital or American Fork Hospital will receive free gifts and be entered into a drawing for a framed print of James Christensen's "Pink Ribbon."

Free Vascular Health Screenings at American Fork Hospital on Oct. 12

IHC is teaming up with Intermountain Vein Center and Legs for Life to perform screenings on Wednesday, Oct. 12, from 4 to 7 p.m. In AFH's Radiology Department. Using the latest imaging technology and equipment, doctors will perform free screening to help determine your health risks due to high blood pressure, stroke, blood clots, bulging varicose veins, foot ulcerations and diabetes.

Mountainland Continuum of Care Seniors Health Fair

The Mountainland Continuum of Care Seniors Health Fair is on Oct. 13 from 8 a.m. To noon. It offers screenings, resources and education especially for seniors, all in one location and all free. Visit the Eldred Senior citizen Center, located at 270 W 500 North in Provo to participate. Call 375-8802 for details.

Walk for Suicide Awareness on Oct. 29

Help the HOPE Task Force and IHC create awareness about the increasing suicide problem by participating in a 2-mil walk beginning at 9 a.m. On Oct. 29. Continental breakfast will be served at 8 a.m. In the Northwest Plaza's Clark Auditorium on Utah Valley Regional Medical Center's campus at 1134 North 500 West in Provo. There is no cost to participate. For more information, please contact Cathy Bledsoe at cathyb@provo.edu or 374-4802 or Lisa Bona Bullock at lisa.bullock@ihc.com or 357-8142.

Service Opportunities

For Infants:

Gather and donate disposable diapers, bibs, and baby wipes. These items are used during prenatal classes held at the Gathering Place (226-2255), an agency whose services include educating expectant mothers.

The Center for Women and Children in Crisis (374-9351) is also looking for diapers, baby wipes and various other infant items.

United Way Success by Six's Welcome Baby (374-8108) can use baby burp rags to be donated to first-time parents in Utah County.

For Children:

Host a book drive. Donate new young adult books to Juvenile Justice Services, a correctional facility for youth (491-0118). Children's books from first to eighth grade levels can be donated to the Boys & Girls Club (370-4615), and books for infants to age 5 to the Migrant Head Start (798-8922).

The Family Support and Treatment Center (229-1180) and the Children's Justice Center (370-8554) are also looking for books for parents and children. Volunteers may also make or buy read-a-long books and tapes to be used to improve reading and listening skills.



Lehi Boy Scout District Calendar

For more information contact C. Ronald VanLeuven at
LehiScouts@att.net

Lehi Family Week – November 20-27

Lehi Family Week is an annual celebration whose purpose is to increase family unity and to strengthen family values in the community. Daily entertainment and events are geared toward fulfilling this purpose. This event is held the third week of November (Thanksgiving week). The theme is "Connections Count." Call Jill MacKenzie to volunteer at 472-4744. Here's the daily events for 2005:

Sunday night fireside at the high school at 7:00 p.m.

Monday - Taking time to connect with our families
Family game day/various activities encouraged

Tuesday - Local Business Day - TBA

Wednesday - Making Family Connections Count
Free tour of Hutchings Museum
Restaurant specials for eating out with families
Letters to military men at Hutchings Museum
Grandparents Day

Thursday - Connecting with Family Traditions
Happy Thanksgiving!

Friday - "Family Fun Connections"
A.M. - Swimming at the Lehi Legacy Center 1/2 price
P.M. - Couples Connecting Dinner/Seminar
6:00 p.m. Thanksgiving Point - Couples interested in signing up please contact Jill McKenzie 472-4744

Enjoy a wonderful dinner with your companion and enjoy a free seminar with Roger McKenzie. He will be educating couples on how to connect with each other: involving, educational and humorous. You won't want to miss out on this!

Saturday - Dancing into great Family Connections
Family Dance at the Legacy Center at 7:00 p.m.
Thanksgiving Point movies in the morning 1/2 price

Bring the Standards to Utah

The Lehi City Family Week committee is still looking for donations to bring the Standards to Utah. The Nashville, Tenn. Group of five talented brothers will be the grand opening act of Sunday, November 20. They sing, dance and create their own instrumentation. To make donations, please contact Family Week chair Jill McKenzie at jillmac@excite.com or 472-4744.

Halloween Party

The Halloween Party is October 31 at the Legacy Center. Tickets can be purchased in advance at the Legacy Center Registration office. The advance price is \$2.50 per child (parents are free) or \$10 per family. You may also pay at the door on Halloween night for \$3.00 per child or \$12 per family. For more information, call the Legacy Center at 768-7124. There is also a Halloween Parade down Main Street and "trick or treat" at Hutch's TV & Appliance.

*To contribute to
this newsletter,
please contact Linda
Turner, 768-1102,
lturner@networld.com,
or Kelly Wanlass, 766-
2362, kelly@wanlass.
com. Visit www.lehicity.
com for an online copy
of this newsletter.*

The Lehi Giant Pumpkin Contest was held on Sat. Oct. 8 at the Lehi Albertson's.

Winners are:

Heaviest

1. Patti Lechtenberg 397 pounds 766-6362 Grand Prize winner (\$100) 36" tall and 96" around
2. Erik Lechtenberg 316 pounds Second Place (\$75)
3. Tanner Fox/Mady Gray 287 pounds Third Place (\$50)

Biggest Circumference

1. Susan Furguson 80"
2. Sara/Jake Lechtenberg 73"
3. Skylee Gray 71"

Tallest

1. J.D. Hammell 27"
2. Winn Fox 26 3/4"
3. Skyler Mortenson 25 3/4"
4. Katelyn Chadwick 25" (Honorable Mention) - also a cash prize

Prettiest

1. Winnie Montag
2. Sally Raff
3. The Yeates Children

Ugliest

1. Kylie Elton
2. Rhett Goss
3. Allyssa and Tory White

Most unusual - Sammy Evans

Total of over \$500 worth of prizes from our sponsors: Xangos, Tony du Preez, Calton Tree Service, Wing Mortuary, Wingers, Wayne & Loraine Carlton, Sorenson ay Care, Vern's Automotive, Traverse Mountain, Lehi Free Press, Terry Ferrell, Pioneer Party, Bank of American Fork, Supper 8 Motel, Lehi Block, Lehi Animal Hospital, Reams, Urban Resource Group, and Spring Creek Ranch.